

# CERTIFICATE

**Mrs Liél Trumah**  
successfully attended the footpower workshop  
**Reflex Zone Therapy of the feet**

at the footpower academy, Gießen (Germany)  
during  
13/14<sup>th</sup> octobre 2017 including 15 lesson units

**Content:**

- Reflex Zone Therapy of the feet (RTF)- Hanne Marquardt Fußreflex®- Historical background and methodical introduction
- Reflex zones of the feet: Similarity of shape
- Working with the reflex zones from head to toe
- The locomotor system represented in the reflex zones of the feet
- Several grips to take harmonizing or vitalizing influence on the locomotor system
- How does foot loading affect the whole body
- Hands on- practical exercises
- Additional sensomotoric exercises
- Limitations of RTF

**Instructors:**

Sigrid Sirocko (Physiotherapist, Instructor of Hanne Marquardt Fussreflex®)

Gießen, 14.10.2017

  
Manuel König  
Head of footpower academy

# Certificate

**Mrs. Liel Trumah**

successfully attended the footpower

*"Neurology- Course*

*Sensomotoric orthotic treatment of neurologic patients"*

Date: 13-15<sup>th</sup> march 2015

Location: Gießen, Germany

Topics:

- Neurological diseases: Symptoms, Anatomic disorders, sensomotoric deficits
- Theoretical considerations of influencing sensomotoric capacities by means of insoles with neurologic patients
- Gait observation of neurological gait disorders,
- Interpreting the footprints
- Practical examination and insole treatment of neurological patients
- Possibilities of combining therapy tools, such as orthopaedic shoes, ankle orthoses and physiotherapy
- footprints before and after foot mobilizations

Instructors: Bernd Rockenfeller, PT (Germany)  
Manuel König (OST (Germany/Dipl. sports scientist)  
Vera Heltz, Sensomotoric technician  
Michael Staudt, OST (Germany)

Manuel König  
Head of footpower academy



**foot power**  
what a relief!